

News RELEASE

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COMPLEX MIND/BODY NEXUS EXPLORED AT APA'S ANNUAL MEETING

Post-Stroke Depression, Headaches, Hemoglobin and Depression

MAY 17-22, 2003, SAN FRANCISCO

Arlington, Va., April 28, 2003 – Are post-stroke depression rates increasing? How can you reduce mortality rates in depressed cardiac patients? These are among the research advances in medicine topics psychiatric experts will discuss during the program, *Understanding the Latest Developments in Depression: Its Relationship to the Brain, Heart, and Immune Response* at the American Psychiatric Association's 156th Annual Meeting in San Francisco, May 17-22 – the world's largest psychiatric conference. The program is Tuesday, May 20 from 9:00 a.m. – 11:00 a.m. at the Moscone Center Esplanade Level Room 300.

The program, chaired by David McDowell, M.D. of Columbia University, includes research:

On Strokes-

Research shows increasingly high rates of post-stroke depression and possible adverse consequences if left untreated. Patients treated for depression demonstrate a significant decline in morbidity and mortality.

Robert Robinson, M.D., University of Iowa

On Depression and Immune Response-

There is increasing evidence that depression affects the functioning of the immune system, with complications for immune-mediated diseases.

Margaret E. Kemeny, Ph.D., University of California, San Francisco

On New and Improved Understanding of Headaches-

A majority of headaches are forms of migraines that can be controlled by reducing trigger exposure, avoiding short-range drugs, and increasing the migraine threshold with preventative medications – including options that may also be used in psychiatric populations.

David Buchholz, M.D., Johns Hopkins University

On Vascular Depression-

Depressed individuals have an approximately 3-4-fold increase in the risk of successive cardiovascular morbidity and mortality. Aggressive treatment and early identification can significantly reduce negative outcomes for these individuals.

K. Ranga R. Krishnan, M.D., Duke University Medical Center

Additional Physical Illness and Depression Research Topics include:

Tuesday, May 20

Association between Hemoglobin and Depression in Unselected Cancer Patients

Jon Skarstein, M.D., Norwegian Radium Hospital

New Research Poster 481, 3:00 p.m. - 5:00 p.m., Moscone Center Exhibit Level Hall D

Depression in Parkinson's Disease

Jeffrey Cummings, M.D., UCLA/Reed Neurosciences Center

Symposium 32, 2:00 p.m. – 5:00 p.m., Moscone Center, Exhibit Level, Room 106

- **Note to Media:** Additional topics include but are not limited to: ADHD, death and dying, somatoform disorders, women's health, forensics, workplace mental health, suicide, violence, AIDS and HIV-related disorders, terrorism, personality disorders, geriatric issues, treatment techniques and outcome studies. For information about other scientific sessions, please visit <http://www.psych.org/am2003/searchspc.cfm>. Final Program books will be available by May 1, contact Jean Jackson at jjackson@psych.org for a copy.
- **Annual Meeting presentations are embargoed for local date and time of presentation.**
- Media interested in attending the meeting can contact Jean Jackson at jjackson@psych.org or visit APA's Annual Meeting online pressroom, http://www.psych.org/news_stand/onlinepressroom.cfm, for further information.

The American Psychiatric Association is a national medical specialty society, founded in 1844, whose 35,000 physician members specialize in the diagnosis, treatment and prevention of mental illnesses including substance use disorders. For more information, visit the APA Web site at www.psych.org.

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