

**For Information Contact:**

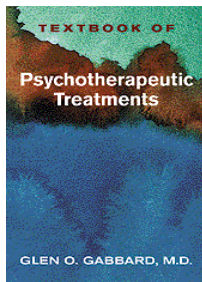
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Treatment Options Are Explored in New Texts

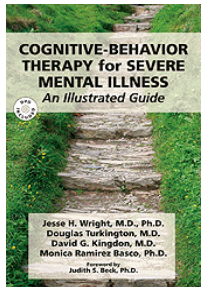
ARLINGTON, Va. (Nov. 24, 2008) – Psychotherapeutic treatments, cognitive-behavior therapy and psychiatric subspecialties are topics of new books available through the American Psychiatric Publishing, Inc. (APPI), the world's premier publisher of books, journals and multi-media on psychiatry. Each book offers innovative perspectives to psychiatric physicians and mental health professionals.



[Textbook of Psychotherapeutic Treatments](#)

Edited by Glen O. Gabbard, M.D.

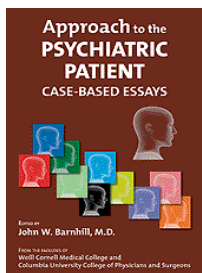
For many years, psychotherapy was criticized for lacking an empirical base, but criticism has gradually changed as neurobiological research has advanced. At a time when growing literature validates this treatment option, this book will become the standard text for student and practicing psychotherapists, whatever their background—psychiatry, psychology or social work.



[Cognitive-Behavior Therapy for Severe Mental Illness](#)

Jesse H. Wright, M.D., Ph.D., Douglas Turkington, M.D., David G. Kingdon, M.D. and Monica Ramirez Basco, Ph.D.

Mastering cognitive-behavior therapy (CBT) for the common, yet difficult-to-treat aspects of severe mental illness has now been made easier with this book. A proven treatment for patients with severe mental illness, CBT is illuminated through learning exercises, worksheets, checklists and video demonstrations.



[Approach to the Psychiatric Patient](#)

Edited by John W. Barnhill, M.D.

This book is a case-based exploration of psychiatry and fills a gap that exists between standard psychiatric reviews, specialty texts and pocket guides. It functions as an expert on the shoulder to clinicians who treat psychiatric patients as well as to anyone who is curious about the state of modern psychiatry.

Review copies and book cover graphic files are available for credentialed media.

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The American Psychiatric Association is a national medical specialty society whose more than 38,000 physician members specialize in the diagnosis, treatment, prevention and research of mental illnesses including substance use disorders. Visit the APA at www.psych.org and www.HealthyMinds.org.