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For Immediate Release:

January 13, 2010

Release No. 10-01

APA Offers Condolences over Tragic Haiti Earthquake

ARLINGTON, Va. (Jan. 13, 2010) - The American Psychiatric Association (APA) joins the international community in mourning the devastation resulting from the Haiti earthquake and our deepest sympathy to the residents.

People who have been affected directly and indirectly by [disasters](#) or traumatic events may experience an array of reactions, including fear, anxiety, sadness, and sleeplessness. As the world psychiatric community reaches out those affected by the earthquake, it is important that supportive and therapeutic interventions respect cultural differences in grief reactions and coping strategies.

For individuals who want to help, the APA has organized a list of charitable organizations on its web site that are accepting financial donations to support recovery efforts in Haiti.

The American Psychiatric Association is a national medical specialty society whose physician members specialize in diagnosis, treatment, prevention and research of mental illnesses including substance use disorders. Visit the APA at www.psych.org and www.HealthyMinds.org.

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