

New Models of Treatment for Co-Occurring Disorders New Hope in Recovery

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Co-Occurring Disorders are no longer double jeopardy if accessible, quality treatment is
Integrated with all Doors
Wide Open

- Comprehensive
- Culturally competent
- Continuous
- Hopeful

Comprehensive/ Multiple Systems

- Mental Health
- Substance Abuse
- Peer to Peer Recovery Support
- Primary Care
- Churches
- Social Services
- Criminal Justice
- Child Welfare

Co-Occurring Substance Use and Psychiatric Disorders

- Highly prevalent in clinical settings
- Associated with negative outcomes
- Integrated treatments associated with improved outcomes
- Less than 1 in 10 persons with dual diagnosis get treatment for both
- Recovery models and chronic illness management models are promising

**Co-Occurring Disorders should be
the expectation not the exception.**



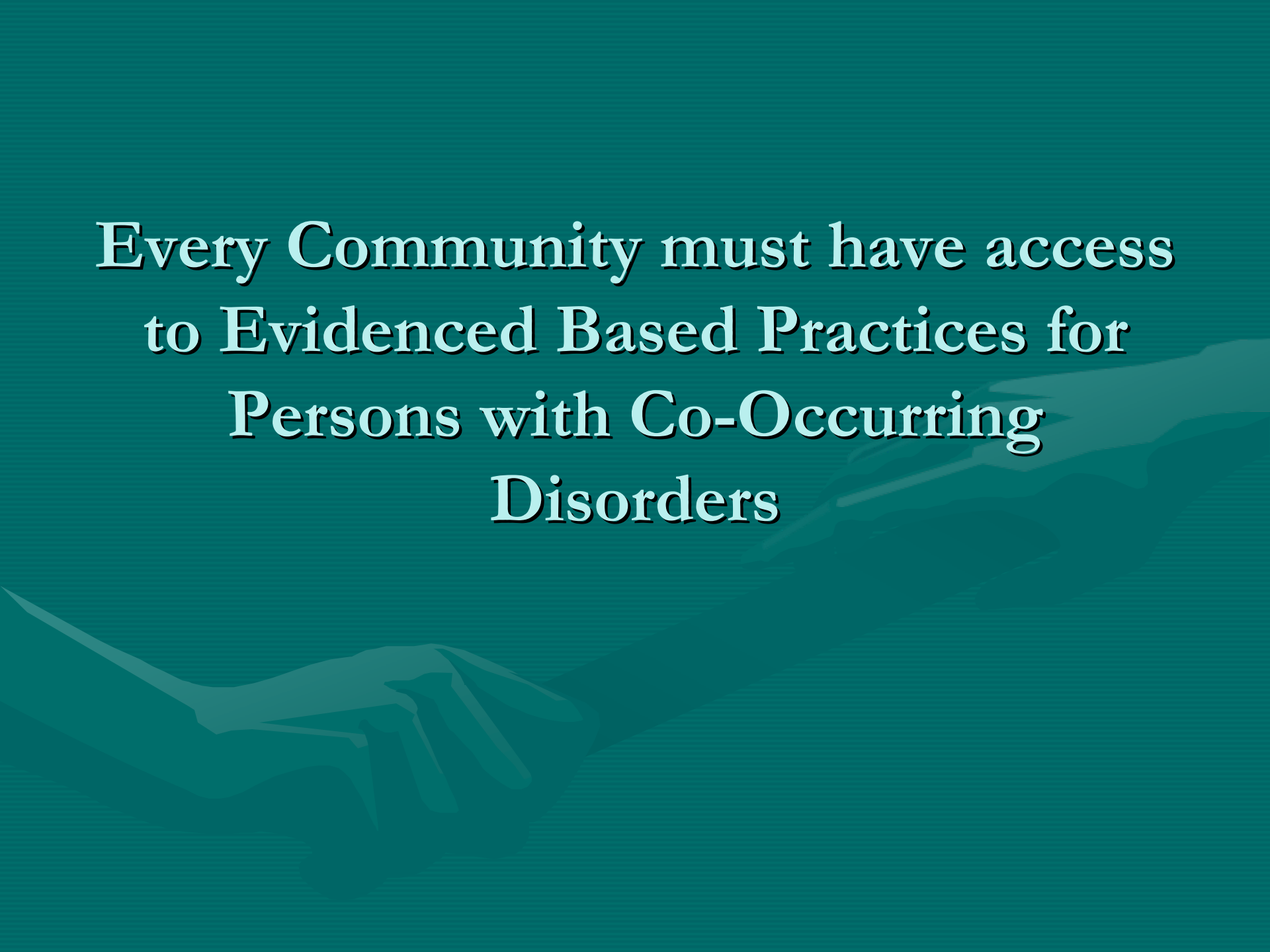
COD Treatment Strategies/Evidence Based

- Motivational Interventions
- Cognitive Behavioral Approaches
- Assertive Community Treatment (ACT)
- Intensive Case Management
- Contingency Management
- Modified Therapeutic Communities



**Need for
Integrated Services & Integrated
Systems**

**Every Community must have access
to Evidenced Based Practices for
Persons with Co-Occurring
Disorders**

A faded, light-colored image of two hands shaking is visible in the background, centered behind the text. The hands are rendered in a soft, semi-transparent style, suggesting a sense of agreement or partnership.

People with Co-Occurring Addiction
and Psychiatric Disorders
CAN & DO RECOVER

